GYMFUSION:

TEAM INFORMATION SHEET

Club Name	
Team Name if different from club	
(this will be used in the programme)	
Title of performance	
Title of music	
Where do the team train?	
How many are in the team?	
Is the team girls/boys/mixed?	
Age ranges in the team	
Does the team have any disability	
gymnasts?	
Have they performed together before?	
If yes, where and when?	
What sort of gymnastics will be displayed	
(which disciplines)?	
How long is your performance?	
(Confirmed music start and finish time to be	
added here. Must not exceed 6 minutes.)	
What is your starting position/when does the	
music need to start?	
Does your music need to stop anywhere or	
can it be left to play to the end?	
Is there a particular colour incorporated into	
your costumes which we can include in the	
lighting during your performance?	
Do you need time before your performance	
starts to place equipment on the floor?	
If so, how long will this take?	
Is there any equipment being placed on the	
floor during your performance, if so what?	

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Do you require assistance placing your	
equipment, either at the start or during your	
performance? If you would like to receive	
assistance you must provide a diagram of	
set up in the box.	
Reminder: the Performance Area is an	
8m deep x 12m wide un-sprung tribond floor,	
surrounded by staging, pillars and seating	
Please note: Large apparatus including	
landing mats must only be moved by	
qualified BG coaches and event staff.	
Gymnasts cannot move large apparatus on	
and off the floor on their own.	
Is there any additional information you wish	
to provide us with that can be used to	
announce your team onto the performance	
floor?	

Please return all team sheets with a team photograph via email to-<u>zoe.shepherd@british-gymnastics.org</u> ASAP/by Wednesday 10th September.